

# Psychiatric-Mental Health Nursing

## **Outline**

In undergraduate and graduate education we focus on the care of people with mental health and mental illness. Students will learn about the development and health of human minds and the historical transition of how to perceive mental disorders, understand people with mental disorders from the current issues of society, and explain the role and function of nursing related to mental health.

## **Faculty members**

Associate Professor : Kozue Yagi, MSN.

Associate Professor : Hiroko Miyaji, MSN.

Assistant Professor : Takashi Nakayasu, MSN.

## **Main Research Topics**

- Improving of depression nursing
- Stress reduction of psychiatric nurse
- Nursing according to the life-world of people with dementia and mental illness
- Community life support for people with psychiatric disabilities

## **Education Field**

- Pathophysiology of mental illness
- Nursing theory for the mentally ill
- Nursing methods for people with mental illness
- How to maintain mental health

## **Research Field**

- Certified Nurse Specialist in psychiatric nursing practice and growth process
- Discharge support and community life support for people with mental disorders who have been hospitalized for a long time

## Current publications

- 1)Kozue Yagi., Efforts to reduce the stress of psychiatric nurses who treat difficult patients of depression: Action research focusing on the elucidation of the stress condition, Journal of Nursing and Social Service, Health Sciences University of Hokkaido No.27, 51-19,2020.
- 2)Kozue Yagi., Efforts to Reduce The Stress of Psychiatric Nurses Who Treat Difficult Patients of Depression (Part 2) -Process of Change and Learning Through Action Research, Journal of Nursing and Social Service, Health Sciences University of Hokkaido No.28, 35-45, 2021.
- 3)Hiroko Miyaji,Junko Abo;Research on the Life-world of people with senile dementia:analysis of symptoms through behavioral observation, Journal of Japan Red Cross Society Nursng Science,13(1),19-28,2013.
- 4)Nakayasu T.et al.” Effect of intervention using concordance skills in psychiatric home-visit nursing” Journal of The Japanese Society of Nursing (Mental Nursing) 31-33,2012.